

Paid Leave Oregon

Paid Leave Oregon makes sure you can take paid time off to care for yourself or loved ones during life's important moments.

When taking Paid Leave, you can choose from different leave schedules.

- Family leave:
 - Caring for members of your family:
 - Caring for and bonding with a child in the first year after:
 - Birth.
 - Adoption.
 - They're placed in your home through foster care.
 - To care for a family member with a serious health condition.
- Medical leave
 - To care for yourself when you have a serious health condition.
- Safe leave
 - To care for yourself or your child if you or your child are survivors of:
 - Sexual assault.
 - Domestic violence.
 - Harassment.
 - [Bias crimes](#).
 - Stalking.

Eligibility

You are generally covered if:

- You work for an employer in Oregon.
- You earned at least \$1,000 the year before you apply for benefits.
- You have a life event that qualifies you.

Click [here](#) to learn more about what considers you eligible for Paid Leave Oregon.

Weekly Benefit

- You can use the [benefits calculator](#) for an estimate of how much your weekly benefits may be if you take paid leave.
- Employers withhold contributions from your wages.

Job and Benefit Protections

- Paid Leave Oregon does provide job and benefit protections during the approved paid leave period.
- When applicable, a worker should request leave under the federal Family and Medical Leave Act (FMLA) concurrently, which our Leave Management team can assist with.

Coverage Period

- Employees can take up to 12 weeks of paid leave in 52 weeks (starting the Sunday before the date their leave begins) for family, medical, or safe leave.
- If pregnant, in some situations, an employee may be able to take up to 2 more weeks for a total of 14 weeks.

Filing for Disability

- To apply you must file a claim directly with the state.
- To file a claim, visit the state website [here](#) or call 833-854-0166.